



Veronika Valdés

# NOR.MAL

A DANCE PERFORMANCE

Photo: Drago Vitanšek

*“The author, dancer and choreographer of the dance project Nor.Mal, Veronika Valdés, put on stage an intimate dance story, dramatically clearly rounded up with co-dancer and co-creator Tajda Podobnik ... The story runs in the metaphysics of the movements of two tuned artists when Veronika is a representative of the power of domination and expressive depths of non-verbal language, and Tajda is a dancer of dancing fields, who readably enough manifests women’s uncertainty and softness.”*

Daliborka Podboj, Parada plesa / Dance Parade

## ABOUT THE PERFORMANCE

The author of the performance focuses primarily on the issue of individual and social madness and normality, and the fine line separating the two. “Sometimes, I don’t know who is crazier – the one who is locked in a cage or the one who is free and acts like an animal? Sometimes I think I’m crazy. Sometimes I think we all are. But only sometimes. Sometimes I am normal and sometimes I’m a little crazy. But only sometimes. Sometimes I like to dance (wildly). But not only sometimes.”

## ABOUT THE AUTHOR

**Veronika Valdés** has been actively involved in dance for more than 15 years. She completed her studies at the Department for Contemporary Dance at the Ljubljana Music and Ballet Conservatory, and later upgraded her knowledge and skills at the contemporary dance programme of the Art Secondary School. She graduated in 2011 and continued her studies at the Dance Academy in Ljubljana. After completing her degree in 2014, she obtained the status of self-employed professional in culture. As a young promising dancer, she completed numerous original projects. Her debut as a choreographer was The Daddy Project (2012), together with Enya Belak, Maša Hawlina and Jerca Rožnik Novak. Next came her debut choreography and dance performance A Day After (PTL, 2012), dance performance 4 In a Row (Velenje Festival, 2014), her fourth original project Profile and Punishment (Cankarjev dom, 2014), and Absolute Stereotype (Flota, 2015), Discovered Revealed/3003 dance solo (dance triptych by new members of EnKnapGroup, 2015 Španski borci), LOCKED, short solo (Plesni Studio Intakt and JSKD, 2017).

She received numerous awards for her creative achievements: Ksenija Hribar Prize for promising dancer, Alexander Izrailovski award (Belgrade), and Meta Vidmar jubilee badge (Slovenia). She received the First Prize at the Opus1 international competition in 2009 and 2011. She was a member of EnKnapGroup, the only contemporary dance company in Slovenia, collaborating with various choreographers from around the world (Simone Sandroni, Guy Nader and Maria Campo, etc.). She works as a dancer, choreographer, dance teacher, and music artist.

Authorship, Choreography & Dance: VERONIKA VALDÉS • Co-creation & Dance: TAJDA PODOBNIK • Music: LAREN POLIČ ZDRAVIČ • Costume Design: SARA SMRAJC ŽNIDARČIČ • Light Design & Technical Solutions: JANKO OVEN • Video: NIKA HAM • Outside Eyes: ANDREJA KOPAČ, SARA SMRAJC ŽNIDARČIČ, KATJA SOMRAK • Creative Producer: KATJA SOMRAK • Assistant Producer: EVA POSEDEL • Produced by: PLESNI TEATER LJUBLJANA - AVTORSKI OPUS • Co-produced by: VITKAR ZAVOD • Thanks to: Unilabor d.o.o., Andreja Kopač, Brane Potočan, Jana Menger, Niko Bregantič - Tektonik

The programme of Plesni Teater Ljubljana/ Dance Theatre Ljubljana is in national interest and is subsidized by the Ministry of Culture of the Republic of Slovenia and the Municipality of the capital Ljubljana, Department for Culture.



# NOR.MAL



Photo: Drago Videmšek



Photo: Drago Videmšek

## TECHNICAL SPECIFICATIONS

**1. STAGE REQUIREMENTS** (provided by the venue):  
Black walls, black floor (black box, no wings). Dancers perform barefoot. If the floor is not black, high quality and suitable for bare feet, we need marley as well.  
Minimal size: 10 \* 8m.  
Setup 4h, teardown 1h.

**Set:**  
We use 8 white curtain pannels (1m wide, 1.8m high, similar to curtains used in hospitals for privacy), with wheels. Used as set and for projection. Dancers move them around during the performance.

**2. SOUND REQUIREMENTS** (provided by the venue):  
FOH,  
monitors on stage,  
1x 3.5mm stereo mini jack for laptop/ipad.

**3. LIGHTING REQUIREMENTS** (provided by the venue):  
Mixing console with recording of the presets (we usually bring it),  
enough dimmer channels,  
10x wide profile light (25-50deg), with blades,  
7x PC or fresnel light,  
15x PAR 64 CP62.

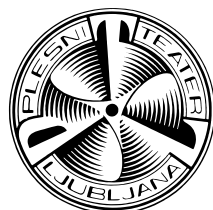
**4. VIDEO REQUIREMENTS** (provided by the venue):  
We run video from a laptop, VGA or HDMI.  
We need high quality and strong beamer with wide lens.  
Depending of the space and projector setup, but the video has to cover a bit more than the whole width of the rear wall.

**5. MISCELLANEOUS:**  
Lights, video and sound are operated by a single person.  
INFO: Janko Oven, +38640717471, s57l@yahoo.com

TRAILER: [HTTPS://VIMEO.COM/281424186](https://vimeo.com/281424186) TOTAL: [HTTPS://VIMEO.COM/281424186](https://vimeo.com/281424186)  
PASSWORD: VERCIZ018PTL

## ABOUT PTL

**Dance Theatre Ljubljana**, also known as PTL, was founded in 1984 by Ksenija Hribar (also founder member of London Contemporary Dance Theatre) as the first professional contemporary dance company in Slovenia. At the end of the nineties PTL opened the doors of the first theatre venue for contemporary dance in the capital and outgrew into the central NGO for contemporary dance art. Most of today's contemporary dance choreographers in Slovenia emerged from or collaborated with PTL. In its theatre venue PTL presents to the public a diverse programme of selected Slovenian and international contemporary dance creativity. PTL also enters in international collaborations and co-productions with artists, festivals and theatres.



PLESNI TEATER LJUBLJANA  
PRIJATELJEVA 2A, LJUBLJANA  
SLOVENIA, EU  
T: +386 41 365 184  
E: [ptl@mail.ljudmila.org](mailto:ptl@mail.ljudmila.org),  
[info@ptl-lj.si](mailto:info@ptl-lj.si)  
[facebook.com/PTLjubljana](https://facebook.com/PTLjubljana)  
[WWW.PTL.SI](http://WWW.PTL.SI)