

## Lada Petrovski Ternovšek

# NÓTT

#### A DANCE PERFORMANCE



"Nott is also an ancient Scandinavian-Norwegian name for the personification of a woman, mother, goddess of night, in the performance it is a series of dance moments, emotions that fill the body memory and the dancer Lada in her elegance of ramified dance is scattering over the surface of the stage as shining moments captured states."

Daliborka Podboj, Parada plesa / Dance Parade

#### ABOUT THE PERFORMANCE

Nott is s set of personal stories, originating from the same emotion, and the sole thing that they have in common is a feeling of a summer night. Nott is an impression, a song, a smell, Nordic goddess, a nocturne. Movement arises from a moment of silence, from physical memory, drawing an image in the space.

A moment that has just passed reappears. Over and over again. Memory is storing images, body is storing emotions. Nothing that is produced by body can be determined anymore – everything needs to be found, invented anew; to recognize a smell of the movement, a breath of light, a temperature of sound. Impossible images merge on the paths that are promptly blurred, while imprints remain toned inside of the body. Like a memory; between pulsation and extension.

#### My neck hurts, I squeeze my forehead, I feel dry air in my throat ...

Emotion spreads from the center of the body to the forehead, finger pads, and ankles. As in translation of Hans Bellmer: "My tooth hurts, I clench my fist, my nails bury deep inside my palm." It is about two investments, two actions that are unique in terms of reflex but repeatable in terms of libido, as, according to Freud, body is capable of operating in all directions. There remains no relation between truth and illusion, between cause and effect, but everything rather coexists independently from one another as a temporary investment, randomly forming temporarily solid assembly as a present form of many discontinues in the flow of energy. It can express nothing more than to be present and to create the highest intensity of what is possible at a given moment.

Sometimes you let the body fall, collapse, re-compose and fall again. Sometimes it seems as if you appear in front of your eyes in an instant and all your senses sharpen. This feeling never disappears, it accompanies you wherever you are. Sometimes you feel one part of the body, sometimes another. You are torn apart. The body is a memory, an alarm, a pleasure, a life. It remembers emotions, which are stored completely irrationally: To have control? To invest too little? To push too hard? To give enough? To accept? To let go? To find your way. To call it a choice? To control love? To hold on to passion? To find emotion and follow it physically? To swallow it or spit it out? And then to live on (happily) ... or maybe not.

And the scent of the night remains. Movements are flying swallows, travelling between day and night, between childhood and the child inside you. Maybe there is some new memory on the other side. And the stage is a summer night.

Choreography and Dance: LADA PETROVSKI TERNOVŠEK • Dramaturgy: ANDREJA KOPAČ • Set, Costume and Light Design: PETRA VEBER • Sound Design: JURE VLAHOVIČ • Song: BALKAN BEAT BOX - CHA CHA • Technical assistance: ALJAŽ ZALETEL • Producer: KATJA SOMRAK • Production: PLESNI TEATER LJUBLJANA - Debut PTL 2015 • Partner: Mediterranean dance centre (San Vincenti, Croatia) • Thanks to: Magdalena Reiter

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#### ABOUT THE AUTHOR

**Lada Petrovski Ternovšek** was born in Croatia (Zadar) 1985. She started dance education as a child. 2008 she graduated at dance academy Salzburg Experimental Academy of Dance (SEAD). Member of Zadarski plesni ansambl. From 2009 -2011 member of Slovene dance company En-knap Group. Today she is living and working in Ljubljana as a freelance artist. During her schooling, she collaborated with well-known choreographers Salva Sanchis, Zuna Kozankova, Anna Macrae, Begum Erciyas, Matej Kejžar, Libby Farr, Ted Stoffer...

After her schooling till today she collaborated with choreographers and theatre directors: Mala Kline, Tomi Janežič, Bojan Jablanovec, Claudia de Serpa Soares, Iztok Kovač, Petra Hrašćanec, Laszlo Hudi, Dalija Aćin, Ivica Buljan, Jordi Casanovas, Magdalena Reiter...

#### TECHNICAL SPECIFICATIONS

#### 1. STAGE REQUIREMENTS (provided by the venue):

The light and sound direction need direct view onto the stage (at the centre behind the audience). The light and sound desks are preferred to be in the audience and not in a separate room and must be next to each other, so that light and sound can be regulated by one person.

Stage is a black box, minimum stage size: 10 x 10m with black dance floor.

#### 2. LIGHTING REQUIREMENTS (provided by the venue):

- 6 x PC 650W Combi / 6 x R205
- 12 x PC 500W CCT / 12 x R201
- 6 x PAR64-CP62 / 6 x R068
- 6 x PAR64-CP62 / 6 x R201 side lights (approximate height is 2.5 m)
- 2 x PAR64-CP60 / 2 x R201
- 2 x flood light 1kW or dimmable house light for the audience  $\,$
- 4 x flood light 1kW or dimmable douse light for the stage
- 4 x Neon light (can be provided by us)
- Lightingboard

#### LIGHT SETTING:

2 hours for focus if the lights are prehanged and tested 1 hour for cueing

#### 3. SOUND REQUIREMENTS (provided by the venue):

- Theatre sound system:
- FOH 2 x 500W minimum
- SUB 500W
- 3 monitors for the performer (2 at the back, 1 at the front)
- CD player with Auto Cue function
- Sound desk

### **4. TECHNICAL STUFF** (provided by the venue):

FOR PREPARATION (light and sound setting):

- 1 music technician
- 2 light technicians

#### DURING THE SHOW:

- 1 light technician
- 1 sound technician

VIDEO: https://vimeo.com/128134479 Password: LadaNOTT2015 Trailer: https://vimeo.com/126635971

#### ABOUT PTL

Dance Theatre Ljubljana, also known as PTL, was founded in 1984 by Ksenija Hribar (also founder member of London Contemporary Dance Theatre) as the first professional contemporary dance company in our former common state Yugoslavia. At the end of the nineties PTL opened the doors of the first theatre venue for contemporary dance in the capital and outgrew into the central NGO for contemporary dance art. Most of today's contemporary dance choreographers in Slovenia emerged from or collaborated with PTL. In its theatre venue PTL presents to the public a diverse programme of selected Slovenian and international contemporary dance creativity. PTL also enters in international collaborations and co-productions with artists, festivals and theatres.



PLESNI TEATER LJUBLJANA
PRIJATELJEVA 2A, LJUBLJANA
SLOVENIA, EU
T: +386 41 365 184
E: ptl@mail.ljudmila.org,
katjasomrak@yahoo.com
facebook.com/PTLjubljana

WWW.PTL.SI